ANU INTERHALL SPORT RULES

MIXED NETBALL



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Last amended 09/01/2025

Mixed Netball will be played according to the rules of the International Netball Federation, with specific exceptions listed below.

EVENT FORMAT

Mixed Netball is contested as a mixed round-robin tournament. Matches will be played on weekdays between 9am and 5pm. Teams will be seeded according to their result in the competition in the previous year. Finals shall consist of Semi-Finals and a Grand Final. Playoff games shall also be played. All residences must make a genuine effort to ensure that the competition remains social.

TEAM SIZE & ELIGIBILITY

Each residence may name a team of up to 14 players, of which all can take part in any one game. There can only be 7 people on a court at once. The minimum number of players required at the start of play without incurring a forfeit is 5.

On the court, a team must not have more than 4 players identifying as one gender at any point. In the 1st and 3rd quarters, a team must play with 3 men* and 4 women*. In the 2nd and 4th quarters, a team must play with 4 men* and 3 women*. During the 1st and 3rd quarters, men's* players shall play one in each area of the court (centre court, attack, and defence). During the 2nd and 4th quarters, women's* players shall play one in each area of the court (centre court, attack, and defence). The combination is: GS or GA, WA or C or WD, GD or GK.

Per ANU Interhall Sport rules, each residence is permitted to play one ex-resident* in this competition.

MATCH DURATON

Each game shall consist of quarters of 10 minutes with breaks of 2 minutes, 4 minutes, and 2 minutes respectively. The team with the most points at the end of the time is the winner. There will be no additional time played for pool matches if scores are level at full time. If, at the end of normal time in a playoff there is a tied score there will be an additional 5 minutes played each way. If at the end of this time the deadlock has not been broken, then another 5 minutes each way will be played and so on until a result is obtained.

Substitutions can only occur during quarter-time, half-time, or three-quarter time, or if the play has stopped due to an injury or blood.

FORFEITS

If a team does not have 5 players to commence the game within 10 minutes of the scheduled start time, a forfeit shall be declared. Should a forfeit occur, the team which does not forfeit will be deemed to have won. A score of 20-0 will be recorded.

GAME OFFICIALS

ANU Sport will provide student officials. Each game will have 2 referees, at minimum 1 referee.

Fill out this form to express interest.

UNIFORM AND EQUIPMENT

Competitors should wear the colours and uniform of their residence. Only non-marking shoes are to be worn on courts. No jewellery is permitted, except for non-removable piercings appropriately taped, wedding rings, and medical bracelets. Players are to be alerted that they are not covered by ANU Insurance if wearing these exceptions. Appropriately taped piercings are to be determined by the referees.

Netballs for warm-ups and games will be provided by the residences. Hoops will be set up by ANU Sport.

ANU INTERHALL SPORT POLICIES

All Interhall Sport policies and procedures must be adhered to by all participants. Sports Representatives from each residence are expected to ensure that participants are aware of all of the relevant policies and procedures and act accordingly. For more information, consult the ANU Sport website.

CONTACT

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