



ANU INTERHALL SPORT RULES

European Handball



European Handball will be played according to the rules provided by the IHF [Rules](#), with specific exceptions listed below.

EVENT FORMAT

European Handball will be run as a mixed round robin competition during a single day. Matches will be played over the course of a single day between 9am and 3pm. Teams will be seeded according to 2025 ISO shield standings. Finals shall consist of Semi-Finals and a Grand Final. Playoff games shall also be played.

TEAM SIZE & ELIGIBILITY

Each residence may name a team of up to 12 players, of which all can take part in any one game. There can be a maximum 6 people on the court at once per team, with a mixture of female and male. The minimum number of players required at the start of play without incurring a forfeit is 5. There must be 2 female identifying players on the court, at all times.

Per ANU interhall sport rules, each residence is permitted to play one ex-resident* in this competition. Note that this ex-resident must still be a student at the ANU.

MATCH DURATION

All games will consist of two 20 minute Halves with a 5-minute break in between. The team who scores the most points at the conclusion of the allocated time is deemed the winner. If, at the completion of normal match time, there is a draw then a 7-metre penalty shootout will determine the winner. Each team designates 5 players to take shots, in alternating turns. The shootout ends after a team has an insurmountable lead or all 5 initial shots have been taken. If the scores are drawn at the end of the shootout, then teams continue taking single alternate shots until one team scores and the other does not.

FORFEITS

If a team does not have 5 players to commence the game within 10 minutes of the scheduled start time, a forfeit shall be declared. Should a forfeit occur, the team which does not forfeit will be deemed to have won. A score of 10-0 will be recorded.

GAME OFFICIALS

ANU Sport will provide officials. Each game will have 1 referee.

UNIFORM AND EQUIPMENT

Competitors should wear the colours and uniform of their residence. Handballs for warm-ups and games will be provided by the residences. Courts will be set up by ANU Sport.

ANU INTERHALL SPORT POLICIES

All ANU Interhall Sport policies and procedures must be adhered to by all participants. Sports Representatives from each residence are expected to ensure that participants are aware of all of the relevant policies and procedures and act accordingly. For more information, consult the ANU Sport website.

This format will run as a non-intentional contact format

CONTACT

Olly Ellis (he/him)
Campus Engagement Administrator
Olly.ellis@anu-sport.com.au

