



Lunchtime Sport Competition 6-a-Side Soccer Rules

1. Team registrations must be paid in full before the first round of competition. Teams with outstanding fees will forfeit match points until the fees are paid. (Unless alternate arrangements have been made with the Lunchtime Competition Coordinator)
2. All team members must wear shirts of the same type and colour. Bibs may be provided if needed by ANU Sport.
3. Matches shall be between two (2) sides of six (6) players one (1) being the goalkeeper. There must be one (1) female on the field at all times. A team may have a maximum of six (6) reserves.
4. If a team cannot field a female player that team must forfeit the game unless the opponent agrees to play. The opponent may request that the opposition play with five (5) players.
5. A player can only be used from another team if the borrowing team has less than six (6) players. Teams not able to field five (5) of their own players will forfeit match points. A friendly game may still be played but the outcome will have no bearing on the competition.
6. Games are 45 minutes in duration – 2 x 20 minute halves with a 5 minute half time. All games will begin promptly at ten (10) minutes past the hour.
7. No extra time is played. In the case of semi finals and finals, if the scores are level at full time, extra time is played. This will be golden goal format, played for five (5) minutes or until the first goal is scored. The team who scores 1st in extra time will be the winner. If the scores are still level after these five (5) extra minutes, the match will be decided by penalty kicks. The team who is one (1) goal in front on even kicks will be the winner.
8. The point scoring system is as follows:

Win	3 points
Draw	1 point
Loss	0 points
Forfeit (with notice)	0 points plus 5 goals against
Forfeit (without notice)	-2 points plus 8 goals against
9. A team can interchange players when the ball is out of play and after a goal has been scored. There is no limit to the amount of times a player may leave or re-enter the play.
10. There will be **NO** offside; a player may stand anywhere on the field.
11. Back passes are permitted.
12. For all free kicks, opposing players must be at least four (4) meters from the ball.

13. Slide tackling is **NOT** permitted. A direct free kick will be awarded against any player that uses this type of tackle. A slide tackle inside the goal keeper's area will result in a direct free kick from the penalty spot
14. A **direct free kick** will be awarded if a player kicks, trips, charges, strikes or holds an opponent or intentionally handles the ball. A penalty kick will be awarded if any of these offences occurs inside the goal circle.
15. An **indirect free kick** will be awarded if a player intentionally obstructs an opponent or is playing in a dangerous manner.
16. The goalkeeper must release the ball within six (6) seconds of receiving it.
17. Any player sent off will receive an automatic suspension (see attached list below). If a player is sent off a 2nd time during the same competition, the player will be suspended for the remainder of that competition, including semi finals, finals and grand finals. Any player sent from the field during any semi final, final or grand final will not be entitled to any prizes awarded to his or her team.
18. A suspended player may not play for any other team during the period of the suspension. Suspension from one (1) team is suspension from all soccer teams.
19. It is recommended that all players wear **shin guards**.
20. Always remember a good game is a clean game, if you are not there to enjoy yourself and play soccer, then don't play!!

Send Offs and Suspensions

1	Foul and abusive language to others	2 games
2	Persistent misconduct after previously being cautioned	2 games
3	Attempting to strike or kick a player	2 games
4	Deliberately striking a player	Banned
5	Deliberately kicking or kneeing a player	Banned
6	Spitting on a player	Banned
7	Deliberate foul or late tackle on a player	3 games
8	Deliberately wrestling an opponent to the ground	3 games
9	Deliberately throwing a ball at a player	3 games

OR such other offences as the referee shall deem to be dangerous or unsportsmanlike.
 At all times the management of ANU Sport reserve the right to ban any player or team from further participation in any competition.