

## FITNESS CENTRE OVERVIEW

The ANU Sport fitness centre has a large variety of gym equipment and qualified personal trainers to help you reach your fitness goals.

The centre offers services in personal training, fitness assessments and programs, group fitness classes and corporate training sessions.

Memberships are available to ANU students, ANU Sport members and the general public.

### **ANU Sport Memberships**

ANU Sport is an affiliated association of  
♦ The Australian National University.  
As a non-student, becoming a member makes you eligible\* to join one of the 30+ affiliated sport clubs, discounted fitness centre memberships, programs and facility hire.

*\* Eligibility criteria applies to ANU Sport Memberships*

**ANU Sport & Recreation Association  
Inc.**

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**FITNESS  
CENTRE  
2017**

# FITNESS CENTRE PRICES

All prices effective as of 01/01/2017

## KEY

**\* Off Peak** Daily access before 2.00pm (member must sign in before 2.00pm).

**\*\* Fitness Services** Only available to Fitness Centre members and customers who have purchased a casual visit.

**\*\*\* 3 hour pass** Access for 3 consecutive hours. Access to group fitness class is subject to availability.

### DIRECT DEBIT (FORTNIGHTLY)

		ANU STUDENT	ANU SPORT MEMBER	GENERAL
OFF PEAK*	Min. 12 Months, Ongoing, Daily access before 2:00pm, No joining fee	\$14.00	\$14.50	\$20.00
FULL	Min. 12 Months, Ongoing, Full access, No joining fee	\$21.00	\$22.50	\$28.00

### MEMBERSHIPS

		ANU STUDENT	ANU SPORT MEMBER	GENERAL
CASUAL VISIT	Access to Fitness Centre & Group Fitness (3 hour pass***)	\$13.00	\$14.00	\$16.00
10 PACK CASUAL	10 x Visits with 3 hour pass***	\$96.00	\$103.00	\$123.00
4 MONTH OFF PEAK*	4 Months, Daily access before 2:00pm	\$209.00	\$229.00	\$269.00
4 MONTH FULL	4 Month Full Access	\$314.00	\$329.00	\$385.00
12 MONTH OFF PEAK*	12 Months, Daily access before 2:00pm	\$335.00	\$329.00	\$499.00
12 MONTH FULL	12 Months Full Access	\$524.00	\$549.00	\$699.00

### FITNESS SERVICES\*\*

		ANU STUDENT	ANU SPORT MEMBER	GENERAL
FITNESS ASSESSMENT	Full fitness assessment	\$32.00	\$40.00	\$50.00
FITNESS PROGRAM	Personally tailored program	\$42.00	\$50.00	\$60.00
ASSESSMENT & PROGRAM	Assessment followed by tailored program	\$58.00	\$75.00	\$85.00
PERSONAL TRAINING (PT)	1 hour PT session	\$58.00	\$65.00	\$80.00
5 PT PACK	5 x PT sessions	\$236.00	\$275.00	\$350.00
5 PT PACK TWIN	5 x PT sessions with Partner	\$330.00	\$385.00	\$490.00
10 PT PACK	10 x PT sessions	\$420.00	\$500.00	\$650.00
10 PT PACK TWIN	10 x PT sessions with Partner	\$588.00	\$700.00	\$910.00

## ANU SPORT MEMBERSHIPS

\$120.00 PER YEAR

- ANU students are automatically members of ANU Sport
- Graduates of any recognised tertiary institution\*
- ANU staff members employed more than 50% of full time

\* A recognised tertiary institution is a three year degree that is recognised by ANU Sport. This includes overseas recognised tertiary institutions.

### ASSOCIATE MEMBERSHIPS

Associate memberships are available to affiliated ANU Sport club members for the following categories. Club endorsement is required.

- Valued Club Affiliate Member (VCAM)
- Honorary Coaching

## OPERATING HOURS

**Mon - Fri** 6.00am - 10.00pm

**Sat - Sun** 8.00am - 7.00pm

**Public Holidays** 9.00am - 7.00pm\*

\* Subject to change - Public Holiday hours can vary